



YARRALUMLA PRIMARY SCHOOL
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NEWSLETTER NO. 15 26 SEPTEMBER 2019

NOTES HOME THIS WEEK

| |
|-----------------------------|
| NAPLAN |
| The Jungle Book Performance |

PARENTS' CHECKLIST

(Reminder of things to DO)

| |
|-------------------------|
| Return Jungle Book Note |
|-------------------------|

DATES TO REMEMBER

| | |
|-------------|--|
| Thu 26 Sept | St Claire's Games with Yr 5/6 |
| Fri 27 Sept | Walkathon money due |
| Fri 27 Sept | Last day of Term 3 |
| Mon 14 Oct | First day of Term 4 |
| Mon 14 Oct | Yr 5/6 to National Museum of Australia |
| Fri 18 Oct | Return The Jungle Book Note |
| Thu 24 Oct | The Jungle Book Performance |

Dear Parents and Carers,

School vision

Thank you to all the parents that provided feedback at the Learning Journey on the four draft vision statements. Parents placed a sticker on the vision statement they liked the best. The vision statement that had the most votes from community and staff was:

"Together we create lifelong learners. Insieme, creiamo student per la vita."

Student Achievement

At this week's assembly we celebrated the achievements of our students through STAR awards, Junior and Senior merit certificates, student performances at Floriade, year 2 learning and ACT athletics. A special congratulations to James F in year 4 who broke the ACT high jump record at the recent ACT athletics carnival. Congratulations to all our students on their growth in all curriculum areas and their social and emotional wellbeing. The Learning Journey in week 9 was well attended by our parent community and the students appreciated the opportunity to share their achievements with their family and loved ones.

Italian Program

This week we had to postpone our community trip information evening and unfortunately we will have to postpone the meeting on Monday 14 October as well. Our thoughts are with Maestra Lynden during this very difficult time. Today we had the pleasure of hosting students from St Clares College who are learning the Italian language. The St Clares students ran Physical Education lessons for our year 5/6 students through the Italian language. Thank you to maestra Martiniello for organising this opportunity for our students.

Staffing

It is that time again that we start to recruit new staff to YPS for 2020. Due to staff end dates, transfer round, maternity leave and dream jobs we have advertised three English teaching positions for 2020. We will also be recruiting new Italian staff next term. Jackie Hall our business manager will be leaving us at the end of the term. She has been a fantastic asset to the school during term 2 and 3. Sarah Malam has extended her long service leave into term 4 and the school has advertised her position for this period.

School Holidays

We hope that all our families have a safe and relaxing two week break. Please spend the time as a family unit recharging your batteries for the term ahead.

Keep Smiling,

Rohan Evans | Principal

| SCHOOL BOARD CHAIR | P&C | PRINCIPAL |
|---|---|--|
| Rachel Smith-Cianchi (<i>Board Chair</i>) Phone: 0412 598 138 Email: cianchi47@gmail.com | Philip Hartley (<i>President</i>) Phone: 0412 010 677 Email: president@ypspandc.com | Rohan Evans (<i>Principal</i>) Phone : 6142 3250 Email: rohan.evans@ed.act.edu.au |

Term 4 Week 2 MERIT AWARDS

| Classe | English | Italian |
|---------------------|---------------------|--------------|
| Kinder Rosa | Xavier M | Sabine D |
| Kinder Scarlatto | Mabel M | Max I |
| Year 1 Fucsia | Ivy D C | Emma B |
| Year 1 Magenta | Illaria B | Zahara R |
| Year 1 Corallo | Will St | George S |
| Year 1/2 Giallo | Roya O | N/A |
| Year 2 Verde marino | Angus M | Hannibal F |
| Year 2 Verdolino | Saxon K | Lara P |
| Year 2 Verde menta | Anna C | Tilda K |
| Year 3/4 Turchese | James F | Lachlan C |
| Year 3/4 Celeste | Lauren McC | Emily B |
| Year 3/4 Acqua | Ava W | Paloma D T |
| Year 3/4 Azzurra | Emilio H | Harry S |
| Year 3/4 Blu | Molly H Syanna T | N/A |
| Year 5/6 Ambra | Marcus K | Alessandra C |
| Year 5/6 Oro | Sebastian L | Olivia H |
| Year 5/6 Zafferano | Valentina De R | Noah S |
| LSUA Perla | Jacob R | |

BOOK CLUB ORDERS

Sadly, Book Club Orders will not be delivered until first week back next term. Apologies for any inconvenience this may cause.

Star Awards



STAR AWARD



September 2019

Awarded to

Eve S

Eve is an active learner who is beginning to take more risks with her learning by challenging herself to complete her work to a very high standard. She willingly takes on teacher advice to extend herself and often works with others to support their learning. Eve is respectful of other people's opinions and has excellent skills when participating in group tasks and sharing ideas. She is a kind and supportive friend and maintains many special friendships with her Year 2 peers. Eve demonstrates initiative and responsibility and is always willing to help in the classroom and the playground. She takes pride in being a part of the Yarralumla school community, demonstrating the school values at all times.

Lleyton McC

Lleyton is a kind and caring student who consistently demonstrates the STAR values. He looks after and helps others in the class and enjoys taking on leadership roles and responsibilities around the school. Lleyton always comes to class ready to learn and takes great pride in working to his best ability. He perseveres with challenging tasks, often going above and beyond what is expected. I commend Lleyton on his positive attitude towards learning.



Wholesome Child's Best recess and morning snack ideas

Downloaded from: <https://www.wholesomechild.com/en/wholesome-childs-best-recess-and-morning-tea-ideas-for-kids/>

Recess or morning snack time... whatever you call it, it can often be challenging to find or create nutritious, appealing and easy-to-eat options to accompany your child's lunch. Whilst snacks are useful to stabilize blood sugar levels, they can also fill up tummies and dampen appetites for the main meal scheduled just an hour or two later.

Finding the right balance here can be tricky – Wholesome Child has some suggestions for mid-morning snacks that will help get some nutrients into your kids, as often they are ravenous by this time and willing to munch on new foods. But, there's no need to plunge in at the deep end and stop all your old favourites at once. With kids, it's best to start out slowly, and together learn what they like, what they're not so keen on, and what they'd like to help you create for their school snacks.

Top tips for recess...

- Include protein – most kids' lunchboxes lack protein of any kind, so aim to include a protein as part of their snack for recess. This is the best way to stabilise blood sugar levels and increase their concentration span. (See the protein chapter in [The Wholesome Child Book](#) for more ideas on how to boost protein.)
- Try to steer away from providing pre-packaged snacks which are high in sugar, salt and unhealthy fats – and recognize that plastic packaging also has a damaging effect on our environment, so try go waste free for their morning snack.
- Start to train your kids not to expect their food to only arrive in brightly coloured 'one serve' packaging – rather interest them in creating their own little snack packs which also teaches them that non-processed snacks are enjoyable options too!

Best homemade snacks...

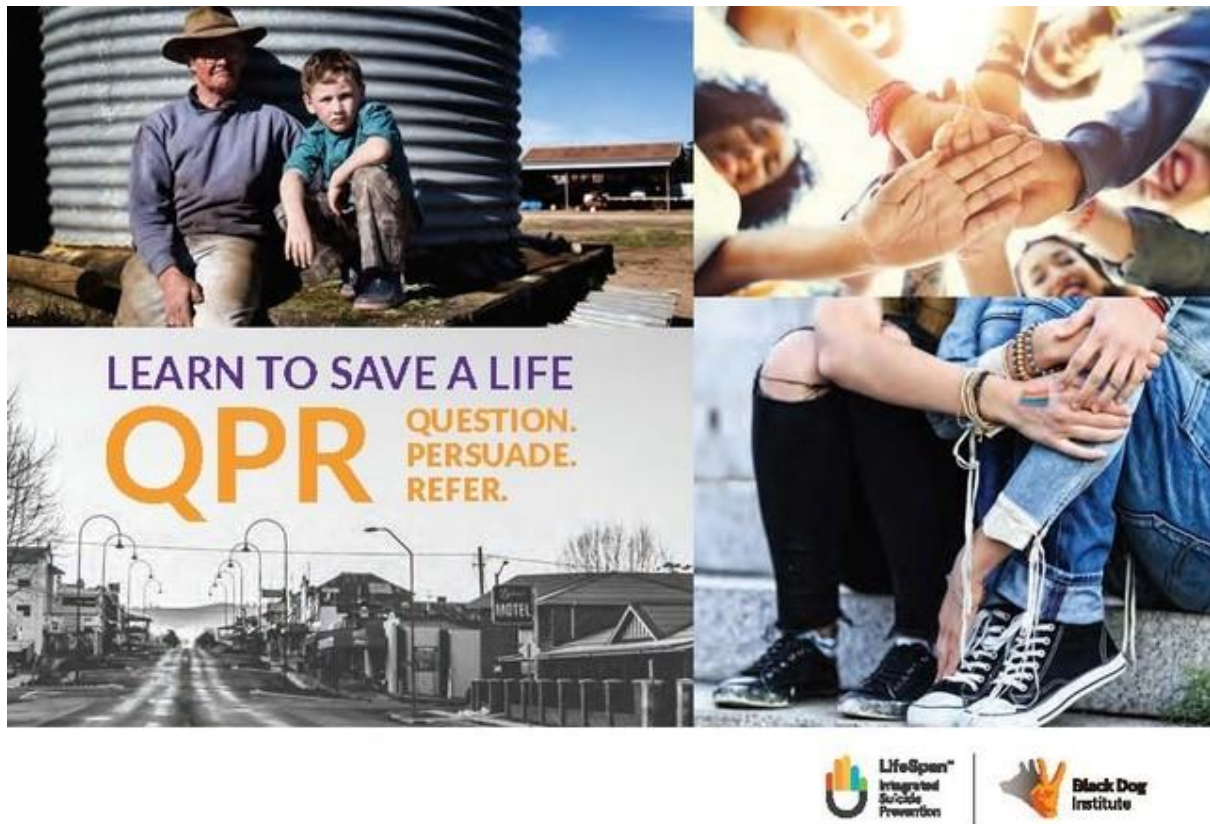
Five minutes prep or less snack options:

- Boiled egg in fun-shaped moulds
- Veggie sticks with [homemade dips](#)
- Simple seaweed wraps – seaweed strips, shredded veggies, shredded chicken that kids can wrap up themselves
- Natural yogurt and mixed fruit in a reusable container (freeze the night before so it's a slushy by the time kids eat it)
- Cheese, tomato and cucumber salads (cut cheese into fun shapes)
- Fruit, veggie and cheese skewers
- Trail mixes: sunflower seeds, pumpkin seeds, sultanas, popcorn, coconut flakes, carob nibs

These hints are provided by fresh TASTES, an ACT Government initiative to support healthy eating for children at schools.

Maestra Lynden

October is Mental Health month. Learn about Question. Persuade. Refer.



LEARN TO SAVE A LIFE

Many people who are experiencing suicidal thoughts communicate distress through their words or actions, but these warning signs may be missed or misinterpreted. We can all be trained to spot the signs. By building a network in our community, we will strengthen our local safety net. Suicide prevention is everyone's business.

Question, Persuade, Refer (QPR) online training is for people with no assumed knowledge of mental health or suicide prevention.

QPR training will provide you with:

- knowledge and skills to identify warning signs someone may be suicidal
- confidence to talk to them about suicidal thoughts
- connect them with professional care

ACT Education are partnering with ACT Health to offer QPR for families and school staff. You can register for QPR at this link: <http://lifespanresearch.qprtraining.com/setup.php?myorg=ACTEDU>
The attached factsheet provides more information about the training.

P&C News

Dear Parents and Carers

A big thank you to all the volunteers who gave their time to support the walkathon last week. In particular Mary Biboudis, who played point on Friday, coordinating all the volunteers together with Maestas Rita and Abbey, and BSO Bruno for helping with all the logistics as well as serving snags.

Thanks to:

Sarah Ahmed

Vern Andrews

Mary Biboudis

Anita Coles

Cristina Craciun

Heidi Elliot

Nicholas Jones

Peta Mercieca Lima

Rose Lu

Leanne Muir

Claire O'Neill

Anne Pham

Zoe Phelps

Ebony Sampson

Anthony Sirr

Jennifer Sutton

Olivia, Carsten and Andrew (sorry I don't know surnames, and apologies to anyone I've missed!)

Its only six weeks to the 2019 YPS fete, Festa Fantastica. For those managing logistics and for those coordinating stalls there are a host of things that now need to be arranged in the lead up to the day. For everybody else, this event relies on your help too :-)) and of course your patronage on the day!

As you hopefully saw in the the School emails, we need donations of good quality preloved items for the book stall and trash and treasure:

Toys

Crockery for the Plate Smash stall

Books, for all ages

DVDs

Soft toys/Plush toys

Knick knacks

Small furniture items

Sporting goods

Things for the outdoors

Kitchen bric a brac

Please Drop off on Mondays and Fridays - preloved items to the roller door shed and books to storeroom 10 - they are next to each other and accessed by the back carpark near the COLA. Pick up and return keys at the front office. Please leave things neatly stacked in these spaces for easy sorting. PLEASE, if you wouldn't sell or give it to a friend please don't donate it to the festa.

Sign up to help on your class stall - click on the link, log in, find your class and pick a time slot for the day.

<https://signup.zone/yps-festa-2019>

While you're there register your ability to bake for the Cake or Biscotti stalls.

If you have any questions please contact the Yarralumla Primary School P&C Event Committee
yarralumlaprimaryevents@gmail.com

Cheers

Phil Hartley
P&C President

Festa Sponsors

YPS P&C acknowledge the generous support of sponsors for the 2019 Festa Fantastica including:



Canada

<https://www.facebook.com/CanadaDownUnder/>



neriSSimoTM
COFFEE

www.nerissimocoffee.com.au



Natalie Kingston

Photography

nataliekingstonphotography.com



<http://www.eightsix.com.au>



www.creationsjewellers.com.au

Keep an eye out for invitations to the silent auction on the Facebook page, coming soon.

Community News

Bus timetable changes

An interim updated weekend bus timetable commencing Saturday 28 September is now available online.

An updated weekend bus timetable commences from **Saturday 28 September 2019**. Updated timetables are available online at transport.act.gov.au

There are no changes to weekday or school services.

The NXTBUS website nxtbus.act.gov.au provides real time service information (up to 90 minutes before scheduled departure) or use the Transport Canberra's Journey Planner to look up departure times and plan your trip ahead of time.

For further details visit transport.act.gov.au or call **13 17 10**.



The Smith family Saver Plus Initiative



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- | | |
|--|--|
|  laptops & tablets |  lessons & activities |
|  uniforms & shoes |  books & supplies |
|  sports fees & gear |  camps & excursions |

To join Saver Plus, you must be at least 18 years or over, have a child at school or attend vocational education yourself, have regular income from paid employment (you or your partner), have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment*



* many Centrelink payments are eligible, please contact your local Coordinator for more information.

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

Contact

your local Saver Plus Coordinator

Phone or SMS

your name and postcode to 1300 610 355

Email

CanberraSP@
thesmithfamily.com.au

Online

saverplus.org.au

Find us on Facebook 





SEPT-OCT HOLIDAY CRICKET CAMPS & T20S

PRO CAMP & T20S 1

2nd Oct - 4th Oct

Ginninderra Cricket Club, Kippax Oval. Hardwick Cres, Holt.

PRO CAMP & T20S 2

9th Oct - 11th Oct

St. Edmunds College,
110 Canberra Ave, Griffith

TIMES: 9AM - 3PM EACH DAY

(8:30am early drop off, pick up no later than 3:30pm please).

\$295 FOR 3 DAYS
\$110 A DAY



Catering for ages 7-15 we offer intensive individual and group skill development for all ages and stages across all facets of the game. With an excellent coach to player ratio and incorporating current and former first class cricketers it's the perfect environment for the kids to have heaps of fun, make new friends and take their gameto a new level.

PHILOSOPHY

We are passionate about helping each and **every player achieve their goals** and reach their potential through expert coaching in a **fun, challenging, positive and professional environment**. Through the game of cricket we ultimately aim to help our players **learn, grow and develop** into becoming **better people**.

Up to 3 days of T20 games and high-quality coaching with specialists in batting, bowling, fielding & wicketkeeping focusing on the specific technical, tactical, psychological & physical skills required in each discipline.

Players will be exposed to a variety of games and drills designed to improve confidence, self belief, concentration, team work and leadership skills all while having a ball with their friends.

SPECIAL GUEST COACHES HAVE INCLUDED:

- Steve Smith
- Peter Neville
- Daniel Christian
- Trent Copeland
- Geoff Lawson
- Pat Cummins
- Chris Tremain
- Scott Henry
- Ben Rohrer
- Kurtis Patterson
- Josh Lalor
- Jono Dean



BOOK NOW

DAVID DAWSON - 0434 210 082
ADMIN@PROPERFORMANCECRICKET.COM

PROPERFORMANCECRICKET.COM

[f @properformancecricket](https://www.facebook.com/properformancecricket) [i @properformancecricket](https://www.instagram.com/properformancecricket)

Stunning Spring Holiday Program

Help your child's imagination blossom these [Spring Holidays](#) with Aeon Academy's engaging & original visual art and dramatic adventure programs. The weather will be pleasant, the food will be fabulous, and your child's creative spark will blaze brighter than ever.

The [unique drama program](#) offers the opportunity for your child to explore the diverse realms of History, Myth & Legend, Fantasy, and Literature through oral storytelling, improvised theatre, tabletop gaming, improvisational character-play, and live-action physical games. These adventures include "The Irish Rebellion": a tense colonial tale from the real history of NSW, "King Solomon's Mines": a zany time-traveling Time Bandit adventure, "Escape from Maracaibo": a daring piratical heist & "Rise of the Students": a battle of good versus evil in the Vala Knight School.

The [inspiring visual arts program](#) lets your child choose from a suite of exciting workshops including artist led Drawing, Ceramic, Mixed Media Sculpture & Painting where kids get to spend a day trying their hand at creating a masterpiece. Kids learn new skills while exploring varied themes. These include: Beautiful Bells ceramics, Gardens of Paradise drawings, Fairytale Dioramas, Wearable Art, and seasonal Painting the Sky.



VERTIKAL SNOW SPORTS HOLIDAY CAMP



Join us for a 2-day intensive programme of skill development, new friends, and snow sports fun.



Contact us to book now limited spaces available

Camp dates: October 9-10
Do just one day, or both!

One day - \$150 | Two days - \$285
ages between 6-12

9:30AM-2:00PM daily
Equipment included

FUN FUTURE NETBALLER



NETBALL ACT HOLIDAY CLINICS

October 2019

PLAY YOUR WAY.

Learn new skills and have fun with programs designed by Netball ACT Development.

SolarHub Netball Centre from 9-3:30pm daily.

Costs: \$130 per participant

Registration includes T-Shirt, Camp Pack and Lunch.

K-Yr2 [5-8 years]

Mon 30 Sep- Tues 1 Oct

Yr3- Yr4 [9-10 years]

Mon 30 Sep- Tues 1 Oct

Yr5- Yr6 [11-12 years]

Wed 2 Oct- Thurs 3 Oct

Register at www.act.netball.com.au

Spring into Questacon these school holidays

Enjoy Spring-themed
nature activities daily!



**Questacon – The National
Science and Technology Centre**

King Edward Terrace, Canberra
Phone 02 6270 2800
Open 9 am – 5 pm every day. Closed 25 December
Admission fees apply

www.questacon.edu.au



Australian Government
Department of Industry,
Innovation and Science

Questacon
The National Science and Technology Centre



October 2019 Holiday Program



Juggling

Tumbling

Aerials

Games

and more!

5 years and up

Week-long Sessions
from 30th September to 11th October

Healthy cooking
option



Locations:
Chifley Health and Wellbeing Hub
UC High School Kaleen



Contact: (02) 6260 3626 | www.warehousecircus.org.au



Pied Piper Productions

Puss in Boots

A fun school holiday musical suitable for the whole family

written and directed by Nina Stevenson Musical Director Emma Zen

Canberra College Theatre

Launceston St Phillip

7pm 4 October

3pm Sat 5 October

3pm Sun 6 October

11am Tues 8 October

11am and 7pm Wed 9 October

11am and 7pm Thurs 10 October

7pm Fri 11 October

3pm Sat 12 October

Tickets

\$20 each

Groups 10 or more \$16 ea Carers free

Family of four - two adults & two children \$72

Book now www.trybooking.com/BEHVV

info@pied-piper.com.au

0409823 640

